

## The Emilia School Weekly Menu

Week Of:

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM Snack</b>	Vanilla Yogurt Pineapple 100% Orange Juice	Cheerios Orange Slices 2% or Whole Milk	French Toast Sticks Apple Sauce 2% or Whole Milk	Rice Krispies Banana 2% or Whole Milk	Whole Grain Bagel w/ Cream Cheese 2% or Whole Milk
<b>Lunch</b>	Lasagna w/ Meat Sauce Mixed Salad Dinner Roll Peaches 2% or Whole Milk	Chicken Salad Whole Wheat Pita Celery Sticks Mixed Fruit 2% or Whole Milk	Macaroni & Cheese Green Beans Pears 2% or Whole Milk	Grilled Chicken Tenders Tater Tots Peas Mandarin Oranges 2% or Whole Milk	Turkey Meatballs Mixed Veggies Brown Rice Pineapple 2% or Whole Milk
<b>PM Snack</b>	Apple Slices Raisins 2% or Whole Milk	Cheese Cubes Whole Wheat Crackers 100% Apple Juice	Pretzel Sticks Soy Nut Butter 100% Apple Juice	Bell Peppers & Cucumber Slices Ranch 100% Apple Juice	Whole Grain Tortilla Chips Mild Salsa 100% Apple Juice

**Menu Subject to Change/We are a peanut and pork free facility**

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<b>Lunch</b>	Turkey and Gravy Mashed Potatoes Green Beans Peaches 2% or Whole Milk	Cheese Pizza Carrots Mixed Fruit 2% or Whole Milk	Chicken Stir-Fry Brown Rice Pears 2% or Whole Milk	Pancakes Turkey Sausage Bananas 2% or Whole Milk	Turkey and Cheese Roll-Up Orange Slices Cucumber Slices 2% or Whole Milk
<b>PM Snack</b>	Apple Slices Raisins 2% or Whole Milk	Cheese Cubes Whole Wheat Crackers 100% Apple Juice	Pretzel Sticks Soy Nut Butter 100% Apple Juice	Red Bell Peppers Ranch 100% Apple Juice	Whole Grain Tortilla Chips Mild Salsa 100% Apple Juice

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